**12 – Weeks Mentoring Program with Reiki & Energetic Reflection™ Certification**

Here is an outline of my 12 week’s programs!

All my mentoring programs are included with the Transformational package (RTT).

Everything we do and attract now is influenced by what we experienced as a child. As a child: We experience something. We believe it is true. We establish a belief in our subconscious mind about the experience. We act on this belief from then on, until we chose to change the belief.

Rapid Transformational Therapy FREES us from negative, self-limiting beliefs and Empowers us to make long lasting positive changes.

Are you ready to transform your programming, to live the live that you really want and free to live on your terms?

Lets get started!

My 12 Week signature program provides the safety, guidance, empowerment, and accountability to support you in reclaiming your power, your truth and your freedom to live your best life.

It includes Two Rapid Transformational Therapy sessions with Mentoring Coaching as well as email and text support in between sessions for brief questions, sharing celebrations and inspiration.

Mentoring and Coaching with me is a divinely organized process! I am here to assist you in providing a sacred space and place, diving into helping you locate the answers within yourself. My 10+ years in finance, intuitive energy healing, certified hypnotherapist, life coach, metaphysical, spiritual, and Certified in Rapid transformational therapy, including meditation, mindset breath work, reiki, channeling and more!

Energetic Reflection™ is a Holistic facial blended with Energy healing. The energy field of the face represents the entire field; it has hidden emotions behind the lines, wrinkles and scars, anything we do that rejuvenates our face actually rejuvenates our brain and the rest of the body as well.

Energetic Reflection™ helps the face to glow not just from the surface of the skin but from deep within. The face holds stuck emotions, with energetic reflection we focus on the face by working on any fine lines, wrinkles, scars and more. The client engages in the process of the energetic facial. By moving the energy of the face, it releases the hidden emotions behind the lines, wrinkles and scars. It produces a feel of well-being that radiates and shines from the inside out. Energy healing balances and harmonizes the energetic processes in the body. Facial stress energy can be removed or disintegrated, and the skin is toned and nourished. This results in a refreshed, energized and healthy face.

Energetic Reflection™ healing uses one's own natural vital energy to accelerate the body's innate self-healing ability. Energetic Reflection™ energy healing facial, we will blend energy techniques that allow your body, mind and spirit to slow down and to slip into deep state of relaxation releasing stress, a major contributor of premature aging and health related concerns.

With this course you will learn:

How to perform an energy healing facial, holistic facials, stress relief & well-being energetic facials by learning how to move the energy from the face to release stuck emotions, Read the energy of the face, discovering the hidden emotions behind each fine line, wrinkles and scars, open up the face energy field, ground, clear and protect your energy field and to blend the purest quality essential oils ingredients for your clients sessions.

**12 – Week Mentoring and Transformational is as follows:**

**Week 1:** Group in person, also available through Zoom

Reiki Level 1 & Beyond is for anyone interested in learning Reiki for the purpose of self-treatment, treatment of others, and pets. No previous background nor skills required to learn Reiki.  You will be trained to explore the methodologies of intuition mixed with reiki energy.

With this training you will be able to give yourself Reiki, your family, friends and pets Reiki, or even expand to the community as a volunteer. The training consists of Reiki Level 1 attunement, hands-on practice, and includes the course handbook and other course materials.

With this program every student will embark on a quest for self-healing in which you will transform soul wounds into sources of power and wisdom. You will discover your own wisdom within your own healing journey.

What's included:

-Reiki 1 & beyond

-Reiki Attunement

-deepen your connection with your angels and guides

-learn the angel symbols and how to use them in your healing sessions or work.

-Angelic Energy attunement

**Week 2:** 1 on 1 - 60 minute clarity session:

We will do some energy work to tap to identify and clarify what you would like to transform in your Rapid Transformational Therapy session as well to discuss simple new daily routines to support the upcoming transformation and personal growth.

**Week 3:** 1 on 1 - 2-3 hour RTT Session:

Working with your subconscious mind. You will receive a personalized audio recording to listen for 21 days. Learn to meditate.

**Week 4:** Group in person, also available through Zoom

* Chakra healing
* Long distance healing
* Introduction to remote viewing

**Week 5:** 1 on 1- Celebrate…Its been 21 days!

60 min Transformational Coaching Session with energy work:

* Evaluate and add to your sustainable tools to continue the progress.
* Discuss what other changes you want to work on for your next RTT session.
* Energy work.

**Week 6:** 1 on 1 - 60 minute Transformational coaching session:

* Discuss what has been working for you and progress made
* Time to discuss your next RTT session to take it to the next level!

**Week 7:** 1 on 1 - Transform for growth

2-3 hour 2nd RTT Session: Another deep dive into your subconscious mind! You will receive a NEW personalized audio recording to listen for 21 days.

**Week 8:** Group Workshop (to be determined)

**Week 9:** 1 on 1 – 60 minute Transformational coaching session with energy work:

Follow-up and Transformational Coaching Session: We will reflect on your progress with the 21 day audio, we will explore your experience now that you have had two RTT sessions. Make any adjustments if needed.

**Week 10:** 1 on 1 - It’s been 21 days, Again! Let’s Celebrate…

60 minute Transformational Coaching Session: We will evaluate how things are going and continue to fine tune your supportive strategies and gained more tools for your personal growth toolbox.

**Week 11:** 1 on 1 – 60 minute Transformational Coaching Session:

Check-in, answer questions and do some energy work if needed.

**Week 12:** 1 on 1 - Celebration! Graduation day:

60 minute Transformational Coaching Session: Focus on integrations, transformation about the next part of the journey and where is heading! We will celebrate your wins over the past 12 amazing weeks!

Please let me know if you have any additional questions and which option you prefer and I can send and invoice. Once I receive the deposit, we can schedule all your 1 on 1 sessions and I will send over some forms and information to get this transformation started!

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12 - Weeks Mentoring with Energetic Reflection Certification program. $2600 (Payment plan available: Deposit $500+1st monthly payment of $525, 2nd monthly payment $525, 3rd monthly payment $525)

I look forward to working with you!

With light and gratitude,

**Patricia Toporcer**

A life of freedom and joy

Intuitive Energy Healer, Mentor

Life Coach

Rapid Transformational Therapy Practitioner

Certified Hypnotherapist

Founder of Energetic Reflection™